

Schizophrenia Program

Through its 245 inpatient beds and 17 ambulatory services, the Schizophrenia Program provides care at all stages of the illness. Services include prevention, treatment for first episode psychosis, Medication Assessment Program for Schizophrenia (MAPS), rehabilitation, and care for the severely and persistently mentally ill.

The Schizophrenia Program has a single referral form and centralized process. Referral forms are reviewed and sent to the appropriate service for assessment.

Referral required. Yes.

Contact: (416) 535-8501, ext. 2069

The Schizophrenia Program is part of the Peel Access to Specialty CAMH Program Agreement. Inpatient programs can be accessed based on the client's need for specialized services by Peel service providers including hospital staff or community services. The Peel Access Coordinator ensures the coordination of referrals, admissions, and discharges back to the Peel community.

Referral required: Yes. Schedule 1 Facility, Community Psychiatry/Program

Contact: (416) 535-8501. ext. 2695

Fax: (416) 583-1230

Location: Administration Building, Queen Street site, Main Floor.

ACCESS

Time limited outpatient continuing care service designed to serve people with serious mental illness who have a diagnosis of schizophrenia or schizoaffective disorder. A team of multidisciplinary health care professionals, following the principles of psychosocial rehabilitation, provide one on one counselling and support to meet the goals of the client. Treatment is client directed and focused on living, learning, work and social needs.

Referral required. Yes.

Contact: (416) 535-8501, ext. 2069

Location: Queen Street site, Unit 2, 4th floor

Archway/STOP A Women's Clinic

Community-based outpatient program with a client-centred focus. It strives to enhance the quality of life for individuals suffering from severe, persistent mental illness. The multidisciplinary team's goal is to serve and/or coordinate all client needs. A specialized Women's Clinic is offered at Archway for women with schizophrenia who would benefit from a rehabilitation approach that incorporates feminist principles.

Referral required: Yes.

Contact: (416) 535-8501, ext. 2069

Location: 1451 Queen Street West

CARE/STOP B

Outpatient Continuing Care service designed to serve the seriously mentally ill with a diagnosis of schizophrenia or schizoaffective disorder. A team of multidisciplinary health care professionals, following the principles of psychosocial rehabilitation, provides one to one counselling and support to meet the goals of the client.

Treatment is client directed and focuses on living, learning, working and social needs.

Referral required: Yes.

Contact: (416) 535-8501, ext. 2069

Location: Queen Street site, Unit 2, basement

Central Link

This off-site service provides a coordinated and comprehensive treatment program for people who have chronic schizophrenia or related disorders and are living in the community. The approach is multidisciplinary and holistic. Assessment, individual and group counselling, medication monitoring, case management and education are also provided.

Referral required: Yes.

Contact: (416) 327-8838 or (416) 535-8501, ext. 2069

Location: 393 King Street East

Centralized Services

Centralized Services provides diverse therapeutic activities, assessment and psychosocial therapy services for individuals with mental health and/or addiction problems at the Centre. These services include: art therapy, recreation therapy, clinical nutrition, creative crafts/creative arts studio, hair salon, music therapy, and physiotherapy. The goal of Centralized Services is to contribute to improved psychosocial and physical functioning and quality of life of individuals with mental illness and/or addictions at CAMH.

Currently, Centralized Services provides programs primarily for clients in the Schizophrenia Program; however, referrals from other programs within CAMH are welcome.

Referral required: Some programs do not require a referral; others require a referral from clinical staff. Please inquire with individual services.

Music Therapy: (416) 535-8501, ext. 2826 or 2748

Art Therapy: (416) 535-8501, ext. 2778

Occupational Therapy: (416) 535-8501, ext. 2624

Creative Crafts: (416) 535-8501, ext. 2718 or 2321

The Craft Studio: (416) 535-8501, ext. 2321

Dietary Services: (416) 535-8501, ext. 2787

Hair Salon: (416) 535-8501, ext. 2997

Psychology: (416) 535-8501, ext. 2347
Physiotherapy: (416) 535-8501, ext. 2080
Location: Queen Street site

First Episode LEARN

LEARN is a new initiative. This service offers a range of social, educational and vocational opportunities aimed at maximizing the integration of individuals who have had a first episode of psychosis into mainstream community life and positive social roles.

Referral required: Yes. Family doctor, child or general psychiatrist, or paediatrician. Individuals can be referred either as outpatients to the assessment clinic or to the inpatient unit.

Contact: (416) 535-8501, ext. 6865

Location: 1709 St. Clair Avenue West, Toronto

First Episode Psychosis Clinic/Early Psychosis Unit

Designed to meet the needs of individuals experiencing a first episode of psychosis. Getting help in the early stages of illness is critical. Assists individuals and their families with the initial period of recovery and adjustment. Priority is given to individuals who have not yet received any antipsychotic treatment and are 18 to 45.

Referral required: Yes. Family doctor, child or general psychiatrist or paediatrician. Individuals can be referred either as outpatients to the assessment clinic or to the inpatient unit.

Contact: (416) 535-8501, ext. 4828

Location: First Episode Psychosis Clinic -- Clarke site, 7th floor. Clinical Investigation Unit -- Clarke site, 10th floor.

Home Intervention for Psychosis (HIP)

Home Intervention for Psychosis (HIP) is a specialized team that assesses and treats people who have a first episode of psychosis in the community. HIP is available to Toronto residents 16-45. HIP offers combined services of psychiatrists, social workers, occupational therapists and psychiatric nurses.

Referral required: Yes. Family doctor, child or general psychiatrist or paediatrician. Individuals can be referred either as outpatients to the assessment clinic or to the inpatient unit.

Contact: (416) 535-8501, ext. 6865

Location: Clarke site, 7th floor

Inpatient Care

Units 2-2, 2-3, 2-5, 4-3 and 4-5 provide care for clients requiring hospitalization for treatment of schizophrenia or related disorders. The inpatient staff provide the daily treatment and care for the client with support from the Continuing Care Team which continues to follow the client whether in hospital or living in the community.

Referral required. Yes.

Contact: (416) 535-8501, ext. 2069

Location: Queen Street site -- Unit 2, 2nd, 3rd and 5th floors; and Unit 4, 3rd and 5th floor

Integrated Rehabilitation Unit (IRU)

The IRU is designed to provide care for the most severely and persistently mentally ill clients who require a stable, long-term setting and active rehabilitation. This home-like rehabilitation-focused program emphasizes flexibility, increased social stimulation and support in skills development. The goals of the IRU are to promote the highest level of quality of life for clients and to assist clients in achieving their individual rehabilitation and recovery goals.

Referral required. Yes. Internal only.

Contact: (416) 535-8501, ext. 2797

Location: Queen Street site -- Unit 1, 4th and 5th floors.

Intensive Care (ICU)

Unit 2-1, provides short-term stabilization and treatment for Schizophrenia Program clients who are experiencing an acute exacerbation of their illness.

Referral required: Yes.

Contact: (416) 535-8501, ext. 2069

Location: Queen Street site, Unit 2, 1st floor

Interact

Outpatient Continuing Care service available to adults suffering from schizophrenia. Clients often have substance abuse problems as well. The multidisciplinary team members follow the principles of psychosocial rehabilitation in providing intensive community follow-up.

Referral required: Yes.

Contact: (416) 535-8501, ext. 2069

Location: Queen Street site, Unit 4, 1st floor

Lakeshore Outpatient Clinic (LSOP)

A community-based outpatient and community clinic that provides service to the west end of Toronto and, in particular, Etobicoke. Offers comprehensive treatment to individuals who suffer from severe mental illness, focussing primarily on schizophrenia disorders. Using a psychosocial rehabilitation and client-centred approach, the clinicians assist clients in achieving goals in the areas of housing, recreation, education and vocation in the community.

Referral required: Yes.

Contact: (416) 535-8501, ext. 7233

Location: 3170 Lakeshore Boulevard West, Suite 201, Etobicoke

Medication Assessment Program for Schizophrenia (MAPS)

Offers medication consultation on a rapid outpatient basis. Evaluates the effectiveness of client's medication in controlling symptoms, assesses any side effects, and addresses any antipsychotic-induced movement disorders. Aim is to find a medication best suited to client's needs.

Referral required: Yes. Family doctor or psychiatrist.

Contact: (416) 535-8501, ext. 6865

Location: Clarke site, 7th floor. Queen Street site, Administration Building, 2nd floor.

Peel CAMH Offices

Peel First Assessment Clinical Team (FACT - Peel)

Offers services dedicated to the assessment and treatment of individuals from 16 to 35 years who are at risk for or who are experiencing signs of a first-episode psychosis. The clinic is a multi-disciplinary outpatient program that was established because of community needs and is affiliated with one of the leading first-episode programs in North America. The program provides assessment and follow-up and serves as a resource to the client, their families and to health care providers in the community.

Referral required: Yes.

Contact: (416) 535-8501, ext. 7700

Location: 30 Eglinton Ave. West, Suite 755, Mississauga

Peel Vocational Services

A specialized employment service that assists individuals aged 16 and above, living with mental illness with their vocational goals. Through partnerships and affiliations, we provide clients with connections to a network of services to meet their own individualized needs. Our community linkages ensure participants benefit from having access to assessments, training and job developers in the Region of Peel. Although providing some elements of educational and employment counselling, the focus of Peel Vocational Services is job coaching.

Referral required: Yes.

Contact: (416) 535-8501, ext. 7712

Location: 30 Eglinton Ave. West, Suite 755, Mississauga

Prevention Through Risk Identification Management and Education (PRIME) Clinic

An outpatient service dedicated to the early identification and treatment of individuals age 12 to 45 who are at risk of developing psychosis. Interventions may include both psychosocial and medication strategies. Education for clients and family members is also a key component of this program.

Referral required: Yes. Family doctor, child or general psychiatrist or paediatrician.

Contact: (416) 535-8501, ext. 6865

Location: Clarke site, 7th floor

ProAct

Outpatient Continuing Care service addresses the needs of adults suffering from schizophrenia who require intensive service. The multidisciplinary team members follow the principles of psychosocial rehabilitation. The goal is to maintain this chronic population in community living. The hours are Monday to Friday, 8:30 a.m. to 4:30 p.m.

Referral required: Yes.

Contact: (416) 535-8501, ext. 2069

Location: Queen Street site, Unit 2, 4th floor

The Shared Care Clinical Outreach Program

This program, in partnership the University Health Network and St. Michael's Hospital, works with men and women who are homeless and experiencing serious and persistent mental health concerns. Shared Care Clinical Outreach Service addresses the physical and mental health needs of homeless people using the shelters, hostels and drop-ins in the downtown Toronto area. Team members include full-time registered nurses, outreach workers, a housing worker, visiting family physicians and visiting psychiatrists as consultants. Shared Care teams work collaboratively with staff from other agencies to deliver respectful and comprehensive care and facilitate access to resources, enhancing the individual's quality of life.

Referral required: Not applicable.

Contact:(416) 535-8501, ext. 2828

Location: Teams are located at hostels and community centres throughout the city.

Spectrum

This off-site service provides a coordinated and comprehensive treatment program for people who have chronic schizophrenia or related disorders and are living in the community. The approach is multidisciplinary and holistic. Assessment, individual and group counselling, medication monitoring, case management and education are also provided.

Referral required: Yes.

Contact: (416) 260-4202

Location: 658 Danforth Avenue, Suite 402

Ventures

Outpatient Continuing Care service that provides client centred mental health services based on the principles of psychosocial rehabilitation to persons suffering from schizophrenia. Using a multidisciplinary team approach, clients are provided with psychiatric and discipline specific assessment; linkages to community supports and services; clinical case coordination; community support; and individual counselling. Psychoeducation is provided to clients, families/significant others and community partners.

Referral required: Yes.

Contact: (416) 535-8501, ext. 2069

Location: Queen Street site, Unit 2, 4th floor

Vocational, Educational & Rehabilitation Services

Day Care, Assessment, Rehabilitation and Education (DARE) Centre

A community based vocational and recreational program for people with persistent mental illness. DARE offers opportunities for education, skills training, supported work, self employment and socialization. Clients choose from education, creative hands, woodworking, recreation, sub-contract cooperative and cooperative café to devise a daily schedule tailored to their individual needs.

Referral required: Yes.

Contact: (416) 535-8501, ext. 4095

Location: 95 Brown's Line, Etobicoke

Day Centre

Off-site day service provides opportunities for education, socialization and recreation to individuals diagnosed with schizophrenia or related illnesses. Activities such as community outings, sports, arts and crafts and music appreciation are available daily. An 8-week psychoeducation program is offered 4 times per year covering topics such as interpersonal skills, illness management, medication, stress management, cooking and nutrition, life skills, assertiveness, job preparation, problem solving and community resources. Support groups focusing on women's issues, parenting, or interpersonal relationships are also offered.

Referral required: Yes. Internal only. Referral form must be completed by the

client's case manager or physician.

Contact: (416) 535-8501, ext. 6101 or ext. 6192.

Location: 252 College Street

Vocational Resources Centre (VRC)

Offers vocational assessment, work skills and computer training, vocational counselling, supported employment, supported education (English as a Second Language and adult basic English), and on-site employment training (job development and job coaching) in client facilitated small businesses. The service is currently available to inpatients and outpatients of the Queen Street site.

Referral required: Yes.

Contact: (416) 535-8501, ext. 4095

Location: Queen Street site, Unit 4, basement