

## **Geriatric Psychiatry**

The Geriatric Psychiatry Program is a distinct specialty area which provides assessment, treatment, on-going community follow-up and, when necessary, inpatient hospitalization of older persons with severe mental health problems. These include clients with long-standing or newly diagnosed psychiatric disorders, as well as clients with disorders that typically have their onset in older age, such as dementia of the Alzheimer's type. Though 'geriatric' traditionally refers to those over age 65, younger individuals under 65 who develop early onset progressive dementia are also served within the program.

The Geriatric Psychiatry Program has one admission unit, one continuing treatment unit, four outpatient clinics and an intake team. It has been successful in helping individuals and families to maintain, restore and improve their mental/physical health; to prevent unnecessary hospitalization; and to allow them to function in their own environment for as long as possible.

The Geriatric Program is in the process of integrating with the Neuropsychiatry Program. This integration is anticipated to be completed by September 1, 2003.

### **Geriatric Admission Unit (GAU)**

GAU is an acute, admission unit which focuses on stabilization of acute psychiatric crisis or management of acute behavioural disturbances in the elderly. These disturbances may be related to cognitive impairment, psychosis or substance misuse. The ultimate goal is to reintegrate the client into the community.

Location: Queen Street site, Administration Building, 3rd floor

Referral required: Yes. Inpatient transfers from outside facilities are processed through Central Intake or the PACE clinics.

PACE Central/East -- Contact: (416) 535-8501, ext. 3448  
1001 Queen Street West, Toronto

PACE West -- Contact: (416) 535-8501, ext. 7206  
3170 Lakeshore Boulevard West, Suite 202

PACE Peel -- Contact: (416) 535-8501, ext. 7716  
30 Eglinton Avenue, Suite 755, Mississauga, L5R 3E7 (catchment area north Peel, above Highway 401)

### **Geriatric Continuing Treatment Unit (GCTU)**

Provides a medium-to-long-stay setting for seniors requiring ongoing geriatric psychiatric treatment and care. Most clients have chronic major mental health problems. The goal is to stabilize psychiatric symptoms and reintegrate the client into the community.

Referral required: Accepts clients from GAU and referrals from within the Centre, family doctors or other healthcare professionals, community agencies, long-term care facilities, general hospitals and the police.

Contact: (416) 535-8501, ext. 2238

Location: Queen Street site, Administration Building, 3rd floor

## **Opus 55 (Older Persons Unique Solutions)**

Individual and group counselling specific to people age 55 and over experiencing substance use problems and age related issues. Services include: telephone counselling; case management; family consultation; professional consultation and education; and community outreach.

Referral required: No.

Contact: (416) 535-8501, ext. 4753

Location: 1001 Queen Street West, Room 1046, Administration Building

For more information:

[http://www.camh.net/addiction/programs\\_services/opus55.html](http://www.camh.net/addiction/programs_services/opus55.html)

## **Psychogeriatric Assessment Consultation and Education (PACE) Clinics**

Community-based outreach teams provide a range of services to seniors. The clinics provide assessment and psychogeriatric consultation in the client's own environment. For registered clients, counselling, support, medication monitoring and home visits are all components of the psychiatric follow-up. The clinics also provide crisis services (during clinic hours); consultation to community agencies; advocacy, education and support to the clients' family members; and community education. The PACE Central and West locations also offer Day Programs. These programs provide organized therapeutic and recreational activities, classes on health and age related topics, and organized community outings. PACE East offers a weekly social/therapeutic group.

Referral required: No.

PACE Central/East -- Contact: (416) 535-8501, ext. 3448

Location: Queen Street site, Administration Building, 1st floor

PACE West -- Contact: (416) 535-8501, ext. 7206

Location: 3170 Lake Shore Blvd. West, Suite 202

PACE Peel -- Contact: (416) 535-8501, ext. 7716

Location: 30 Eglinton Avenue West, Suite 755, Mississauga